

Urban Health

Student's Guide

The students guide provides a list of resources with short summaries, around the issue at hand that the student's may engage with independently. The guide also lists a set of conversation starters that may be used inside or outside the classroom to engage students in debate and discussion around the theme.

Resources:

Film:

- *Sicko (2007)*

This documentary by Michael Moore critically looks at the health care services provided in the United States of America by profit oriented health management organisations and pharmaceutical companies.

Film Available at: <https://www.youtube.com/watch?v=9CDLoyXarXY>

- *One Bridge to the Next (2008)*

This documentary by Kim A. Snyder follows the work of Dr. Jim Withers who began doing night rounds in the street of Pittsburgh, USA in 1992 offering medical help to the homeless.

Trailer and details for purchase available here: <http://www.becausefoundation.org/films-campaigns/one-bridge-to-the-next/>

- *A Closer Walk(2003)*

This touching documentary has been directed by Robert Billheimer. It explores the global epidemic of AIDS and exposes the neglect and discrimination that people living with HIV+, AIDS have to struggle with. It also looks at global inequalities in access to medicine and healthcare facilities for people with HIV+, AIDS.

Short clip about India: <https://www.youtube.com/watch?v=0YxktA9Rh9E>

Trailer of the film along with details about purchasing the film:

<https://www.youtube.com/watch?v=WN4xZUSt0Ac>

Literature:

- *Out of the Shadows* by AlJazeera Published on 29th Oct 2015.

This in depth article, which is accompanied by a video, looks at the largely neglected issue of mental illness around the world. Using examples from different contexts, the documentary

makes a case for giving due credence and acknowledgment to mental illness and for taking necessary action.

Video available at:

<http://www.aljazeera.com/programmes/peopleandpower/2015/10/shadows-151029073123574.html>

- *Homeless in Delhi: In Search of Health Care (Part I: Amit Kumar)* by Ashwin Parulkar

This field entry follows the efforts of the Hausla team of Aman Biradari who work with homeless men and manage a Recovery Shelter that provides a place for homeless men to recover from accidents, illnesses, drug addictions, etc.

Available on: <http://centreforequitystudies.org/homeless-in-delhi-the-search-for-health-care-part-i-amit-kumar>

- *Homeless in Delhi: In Search of Health Care (Part II: Kishan Bahadur)* by Ashwin Parulkar

This field entry follows the efforts of the Hausla team of Aman Biradari who work with homeless men and manage a Recovery Shelter that provides a place for homeless men to recover from accidents, illnesses, drug addictions, etc.

Available on- <http://centreforequitystudies.org/homeless-in-delhi-in-search-of-health-care-part-ii-kishan-bahadur>

- *Homeless in Delhi: In Search of Health Care (Part III: Kabir)* by Ashwin Parulkar

This field entry follows the efforts of the Hausla team of Aman Biradari who work with homeless men and manage a Recovery Shelter that provides a place for homeless men to recover from accidents, illnesses, drug addictions, etc.

Available on- <http://centreforequitystudies.org/homeless-in-delhi-in-search-of-health-care-part-iii-kabir>

- *India Committing to Child Survival* Infographic on child survival in India by UNICEF (www.unicef.org)

This infographic provides information about the mortality rate of children under five; the progress that has been made and the challenges that still need to be overcome.

Available on: <http://graphs.net/wp-content/uploads/2014/01/7.-India-committing-to-child-survival.jpg>

Videos:

- *Health in Slums: Project Exhale, Bangalore, India* by Health in Slums
This video looks at the problems caused by smoke that is released inside houses in slums while cooking. The team involved, tries to understand the problem and look for a solution through interactions with women from the community.
Video available at: <https://www.youtube.com/watch?v=Uml6hYGMJN4>

Conversation Starters:

1. What are your thoughts on what constitutes good health? Are individuals responsible for their own health or are there any other factors that contribute to their health?
2. What are your thoughts on the difference in treatment that is available to those who are privileged socially and economically and those who are not?
3. How much does our government spend on health care? What does privatisation of health care mean? Is that what the country needs?
4. What do you think is the status of women's health in urban settings? Can you comment based on the resources suggested above?